



SET SMART GOALS FOR DOG TRAINING

1

SPECIFIC

What *exactly* do you want to accomplish? Can I distill our goal into a single, succinct sentence?

2

MEASURABLE

Can I tell if we're making progress? Are there metrics, milestones, or checkpoints?

3

ACTIONABLE

Can I take real steps today to achieve this goal? BTW, some call the A "achievable" but there's a lot of overlap with #4.

4

REALISTIC

Is this a goal that is actually within our reach? Is it truly achievable for me and for my dog?

5

TIME BOUND

Can we achieve this goal in a reasonable (like, weeks instead of years) timeline?

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SMART Goals for Dog Training

Brainstorm Guide

What is our **SPECIFIC** goal?

How will I **MEASURE** progress?

What **ACTION** will we take today?

What makes this goal **REALISTIC**?

What is our **TIMEFRAME**?

What is our **REWARD**?

WHY do we want to train this?

Notes:

WEEKLY STEPS

TO ACHIEVE OUR GOAL

THINGS TO DO:

S

M

T

W

T

F

S

Grey task bar

Progress indicators for the first task bar across the week.

Pink task bar

Progress indicators for the second task bar across the week.

Grey task bar

Progress indicators for the third task bar across the week.

Pink task bar

Progress indicators for the fourth task bar across the week.

Grey task bar

Progress indicators for the fifth task bar across the week.

Pink task bar

Progress indicators for the sixth task bar across the week.

Grey task bar

Progress indicators for the seventh task bar across the week.

NOTES:

Large grey area for notes.

BASIC DAILY PLAN

To achieve our dog training goal

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY